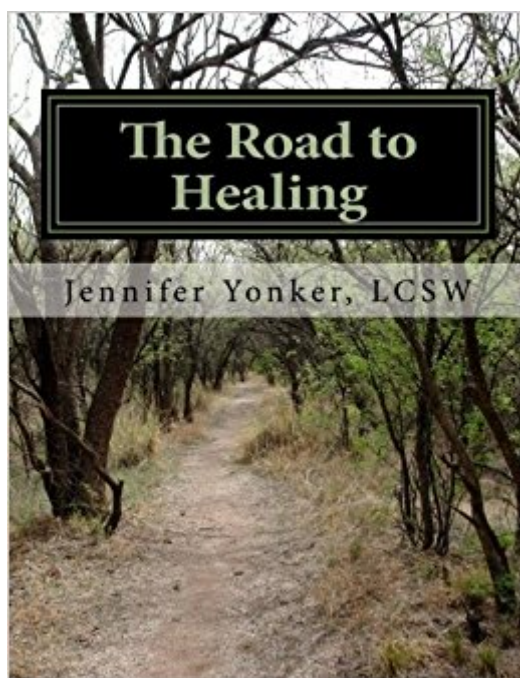


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The Road To Healing: A Journal For Teen Survivors Of Sexual Abuse (Journal's For Teens)



Synopsis

This is a journal formatted workbook for teen survivors of sexual abuse. Using simple, easy to read headers such as "This is how my life was before the abuse" and "I'm afraid if people knew they would think differently of me" teens are guided through the process of healing from the trauma of sex abuse. This journal can be used by clients of varying skills and abilities and may be used for writing as well as drawing. This journal is perfect as an extra tool for therapists and providers who work with teen survivors of sexual abuse. It has an easy to use and understand format enabling it to be used with younger teens and with teens of varying abilities and skill levels. It is filled with reproducible pages allowing therapists to copy chosen pages for use in therapy. It is ideal for youth who process emotions best through writing and can be used as a tool for art therapists as well.

Book Information

Series: Journal's for Teens

Paperback: 44 pages

Publisher: CreateSpace Independent Publishing Platform (January 16, 2013)

Language: English

ISBN-10: 1481914030

ISBN-13: 978-1481914031

Product Dimensions: 8.5 x 0.1 x 11 inches

Shipping Weight: 5.9 ounces (View shipping rates and policies)

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Customer Reviews

Jennifer is a licensed clinical social worker who has twenty years experience working with at risk teens. She has worked in a variety of settings including residential mental health and dual diagnosis programs, in-patient psychiatric care, and she currently works in the juvenile justice field.

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